ROUTE 1: Manor Valley Loop

A beautiful loop of the neighbouring Manor Valley, starting and finishing in Peebles. The route sticks to quiet backroads, skirting Cademuir Forest and returning via a 300-year-old bridge and a punchy climb to a stunning viewpoint.

Points of interest: (1) Iron Age hill forts on Cademuir Hill; **(2)** Gravesite of the 'Black Dwarf' at Manor Churchyard; **(3)** Old Manor Bridge; **(4)** Viewpoint.

Essentials

Start/finish: Tontine Hotel, Peebles
Distance: 13.5km (8.37 miles)
Total ascent: 184m (606ft)
Difficulty: Medium
Time: 1.5hrs (+ stops)

Route Pointers

From the Tontine, cross the Tweed and take the second right (Springhill Road), then the next right (Springwood Road), followed by an immediate left (Bonnington Road). Pedal to a small bridge over the Manor Water and take the next right. Continue to a right turn over the Manor Bridge and climb steeply, returning to Peebles and the Tontine via Edderston Road and Caledonian Road.